



U7 Micro-Soccer

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**BUILDING LOVE FOR A
BEAUTIFUL GAME**

**SATURDAY MORNINGS
AND AN OCCASIONAL WEEKNIGHT
June 25th – August 13th**

Summer 2011

ABOUT MICRO-SOCCER

- Combination of developmentally appropriate soccer activities and small sided games
- Focus on having fun while developing individual skills

Training 30 min - Playing 30 min

PROGRAM DETAILS

- Boys and girls born on or after Dec. 1, 2003 but born before or on Nov. 30, 2004
- The cost of the program is \$70, which includes a uniform and a size 4 soccer ball
- Includes at least 10 Micro Soccer training sessions
- Program starts on June 25, 2011 and concludes on August 13, 2011
- No session on Saturday, July 2, 2011
- Sessions will last for exactly 1 hour. Saturday sessions will run from 9:00 AM to 10:00 AM. Any weeknight session will run from 6:00 PM to 7:00 PM
- For program questions, please contact Mike Rudney @ MRudney@hotmail.com (909-1325) or Roger Hutton @ huttonr2@gmail.com (773-8922)

BENEFITS OF MICRO-SOCCER

- Games that are fun
- Games that are player centered
- Every child plays as much as they want (NO SUBS!)
- More touches on the ball
- Improves skill in players
- Better decision making
- Opportunities to solve problems
- Builds confidence
- Exposure to attacking and defending
- Excitement of scoring more goals
- More individual teaching time

CURRICULUM

- Footwork
- Dribbling skills
- Introduction to Passing
- Technique Training
- Receiving (Soft first touch)
- Small Group Play



WWW.GISOCCERCLUB.ORG

MICRO SOCCER

ABOUT THE COACHING STAFF

MIKE RUDNEY

A holder of his USSF National "D" License, Mike is currently coaching with the Empire United Soccer Academy. He has also coached U7 and U8 House Soccer in Grand Island and U10, U11 and U12 Travel soccer. Mike grew up playing local soccer in Akron, NY and stayed in WNY to start 4 years at Buffalo State College. He served as team captain for 3 seasons, and was selected to the SUN-YAC All-Conference Team and the SUNYAC All-Academic Team in all 4 years. In one season, he was selected to the Division III NCAA Regional All-American Team, and also received the Buffalo State Alumni Scholar Athlete Award prior to graduating. While at Buffalo State, Mike broke and still holds 6 different scoring records including 24 goals in a season and 56 career goals.

ROGER HUTTON

Roger grew up in the West Indies and moved with his family to the U.S. as an early teenager. He played youth soccer in the State of Florida and made several high-school parade-regional teams. Upon High School graduation, he was named to the US Army All American Academic-Athletic Soccer team. Also, he played on a number of regional and sectional Florida state teams (out of the club and elite programs). Roger earned academic and athletic scholarships to play Division I College Soccer at Florida Atlantic University, and as a Freshman, was named to his all-conference Freshman team. Over his career, Roger was awarded selection to various all-tournament teams. While at University, he got involved in coaching while working several youth soccer camps over that period. He holds the NYSWYSA E Certificate for Coaching, and has most recently coached as part of our Grand Island U6, U7, and U8 youth programs. Currently, he is also assisting with our U11 Boys travel program as well.



FACILITATORS

Several coaches and facilitators are needed to support the Micro Soccer program. Training and lesson plans will be provided for each session. If you are interested in the game of soccer, please volunteer to help. You can volunteer by indicating your interest while completing your 2010 online House League registration. If you have questions about being a facilitator, please contact Mike Rudney @ MRudney@hotmail.com (909-1325) or Roger Hutton @ huttonr2@gmail.com (773-8922).

GISC MISSION STATEMENT

"Our focus is the development of each player and coach to their highest potential in a fun and safe environment.

It is through soccer that the club strives to reinforce important life skills such as goal setting, teamwork, and sportsmanship."

~ GISC board



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